### **Angry Monster Workbook**

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#### **Angry Monster Workbook**

Angry Monster Workbook and CD Spiral-bound – April 5, 1995 by Hennie Shore (Author) > Visit Amazon's Hennie Shore Page. Find all the books, read about the author, and more. See search results for this author. Are you an author? Learn about Author Central. Hennie ...

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#### The Angry Monster Workbook » Self Esteem

This workbook contains fifty fun puzzles, word searches and games to help kids understand and express their anger appropriately.

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This workbook tells the story of Arnold, who learns to tame the

This workbook tells the story of Arnold, who learns to tame the angry monsters who used to make him lose his temper, say rude things to other people, and get into fights. Fifty fun puzzles, word searches, and games help kids understand their anger and develop alternative ways to express themselves while getting their needs met.

The Angry Monster Workbook — ChildTherapyToys
The Angry Monster Workbook by Hennie Shore and Illustrated by
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Anger can be powerful and managing it can be challenging. The Teen Anger Workbook is designed to help teens engage in self-reflection, to examine their thoughts and feelings that lead to angry emotions, and learn effective tools and techniques to manage anger. This unique book combines two powerful psychological tools for anger management: self-

## Mental HealtH and life SkillS Workbook Teen Anger Workbook

Description. After choosing one of fifteen unique anger monsters, your clients will complete games and activities related to anger. Topics include triggers, warning signs, coping skills, and more. After completing each of the activities, you can review and print the results in a colorful packet to encourage children to review what they've learned. Suggested Uses.

Anger Monsters (Interactive) | Therapist Aid

Alcohol or other drug problems Getting angry may also keep you from You may use alcohol or other drugs to try to: • Dull anger and other strong feelings • Forget about the negative consequences of an angry outburst. But using alcohol or other drugs won't solve any problems. And it usually results in more anger and problems.

ANGER MANAGEMENT WORKBOOK - Seasons Therapy
The Angry Monster Workbook. Ages: 5-12. By Hennie Shore,
Illustrated by Renee Williams. Tells the story of how Arnold
learned to tame the angry monster that used to make him lose
his temper, say rude things to other people, and get into fights.

# The Angry Monster Workbook - Courage To Change :: Topic

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professionals. This workbook is made for anger management education for young people 13 and older. I wrote this workbook and the manual for parents and professionals after years of work with families and young people. I saw over and over how angry and hurt many young people are. Some anger issues are fairly easy to work with. Youth with easy to

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Angry Monster Workbook - nathan.youshouldshare.me Angry monster workbook. [Hennie Shore; Renée Williams] -- Tells the story of how Arnold learned to control his anger. Contains fifty activities that help to learn about and practice anger-control skills.

Angry monster workbook (Book, 1995) [WorldCat.org] In this straightforward and nicely illustrated story, character Isac

shows young children what can happen when anger possesses them. The story also shows that, although this is hard work, children can learn to be stronger than their anger. In The Angry Monster Strikes Again Isac is playing with his sister Norah.

### Angry Monster Strikes Again-Anger Management for Children

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